

## Scout Skills Challenge badge

Name: \_\_\_\_\_

Below are some of the skills needed to complete the Skills Challenge badge, these are all home skills which many of you can complete easily by helping around the house. Once you can show you can do these, put a date against each one, once you have completed at least five, bring your form in and we will add it to your badge record.

Skill	Description	Date
Clothes	Customise or mend an item of clothing – sewing badges onto your uniform shirt counts towards this one!	
Meal	Cook and serve a two course meal for at least four people	
Wash/dry	Wash up after a meal, dry everything and put away	
Washing machine	Wash clothes using a washing machine	
Iron	Iron your uniform shirt and neckerchief or similar items such as your school uniform	
Lightbulb	Change a ceiling lightbulb	
Thermostat	Set a heating timer and thermostat according to the time of year	
Clean	Clean a hob, oven or toilet, including understanding the dangers of cleaning materials	
Puncture	Fix a puncture or dropped chain on a bike	
Other	Perform another similar home skill	

Other parts to complete which you can help with are:

Physical activity – regularly take part in physical activities for 4-6 weeks and keep a record showing your improvement, ideally this should be a new activity for you or one where you have advanced a number of levels through a national award scheme.

Smoking, drugs and alcohol – be able to explain the dangers and harmful effects of smoking, alcohol and drugs, this could take the format of a short presentation to a group of Scouts or poster or be able to talk confidently to a leader.